



2025 Winter Client Newsletter

Delivering excellence since 2010

Tailor Maid Home Care wishes all our clients a Merry Christmas and a
happy New Year 2026



We would like to extend our heartfelt gratitude to all our clients for choosing Tailor Maid Home Care as your dedicated provider. It's been 15 years since we set up the business and we have in that time frame, not only grown in staff numbers and client base but have certainly never lost the passion for delivering a first-class care service." Compassion is the heart of our care.".

One of our hopes for this Christmas is that society will truly appreciate what care workers do and understand that a care package is all about allowing people to be maintained in safety and allowing them to flourish and thrive with dignity.

Our team not only provide practical support but provide sanctity in your home ensuring your space is warm, preparing a comforting meal and offer companionship where you feel safe, dignified and valued. We hope that over the festive season we embody the spirit of the season and bring warmth where there is cold, light where there is shadow and connection with you where there may be isolation. A hug and a smile and some festive cheer- small moments have an impact on your wellbeing.” Nothing can replace a hug”. Our team plan to bring some festive cheer over the Christmas period and we will be organising an Elf (or two) coming out to your home with some gifts and an opportunity to have a sing song of some well-known Christmas songs with you!



Winter has an emphasis of gathering and togetherness and it reminds us of how powerful this sense of belonging can be. We hope to bring lots of festive cheer to you all.

Together we are family.

Each year, we strive to make significant changes to our Care and plan improvements using Quality Assurance with feedback from clients and staff from our evaluations, feedback forms, questionnaires and reviews. We are truly blessed by all the positive comments we receive, and this motivates us to uphold and enhance our commitment to you.

We are ever mindful at this time of year the effect that festive occasions have on someone living with dementia. Our own Mum, who had dementia struggled laterally at Christmas when staying over in our homes with all the coming and

goings and noise of extended family. As with any celebratory occasion, we must consider the impact of loud music, bright lights, sudden changes to the environment can have on them.

You should involve the individual by asking them to help. If you play music keep the volume low. Try to keep rooms clutter free and minimise busy groups from attending. Try to keep their routine as normal as possible so don't try to over complicate things for the sake of 24/48 hours. It's easier to ask the family to attend in their home rather than them having to make the move.

Christmas always evokes memories which may not be happy ones. Music can stir both positive and negative memories. Our team will take the time and sit and chat with you if you find the festive period particularly lonely. A hug always helps.

The essence of social care is all about, not maintaining people as they are but giving them hope to flourish and thrive despite all the pressures they may face. Every day we hear amazing stories from our client's families as to the difference our team has made whether its mum's mood has lifted, extra support with exercise making a difference, companionship or just the simple things like having a trusted Carer just to listen. These stories are mirrored with all clients by the excellent care our team provides- always with compassion. They do so because they care.

If you have compliment for one of our team to let them know what an amazing job they do then please do E mail our team on contact@tailormaidhomecare.co.uk or leave a review using the QR code you can upload to your phones at end of newsletter.

Have a relaxing and peaceful Christmas. Bless you all and Best wishes for 2026!

Jennifer, Shirley and the Tailor Maid Team x

Exercise Drumming- if you have Parkinsons this might help you!

A new novel and exciting cardio drumming exercise has been developed that incorporates drumming a large ball with sticks along with the beats of music. The routine targets flexibility, strength and balance with the added benefits of music for your mood and wellbeing.

If you have Parkinson's or support someone with Parkinson's, you might very much enjoy the thrill of exercise drumming!!

There is a zoom class organised each week- contact jo Holland the organiser for more information on jhollandandparkinsons@gmail.com

Alternatively, one of our team will be able to support you get in touch with our team. We have a drum kit and ball here for loan. Our Care Director Shirley enjoyed having a practice run!!



Better care staff workshop

One of the most significant improvements we made this year was creating our inhouse “better care ” training workshops so that we could develop current good practice . We initially asked our ‘double handling team ’ to discuss what they would expect if they required care and what transpired was a very successful training session where we shared ideas and tops tips -which were then added to the relevant section in our clients careplans.

Since completing the workshop, staff feel they have a better, more bespoke understanding of clients needs .The rota team have been very proactive (and succesfull) in maintaining a tight team at each client so that a bespoke package of consistent carers is properly managed and care is tailored to their needs.Staff have a better awareness of other outside agencies who may be involved and this all contributes to high quality care.

Well done team.



CAPA and our CAPA STARS

Make today count!

Tailor Maid Team supporting you to move more often and be more active.

We make it easy for you to take part in daily life such as mealtimes, outings and social events.

- Make sure you can continue hobbies such as gardening, painting and music- get involved with our CAPA activity planner each month
- Find ways that you can have a part to play in daily life to help you stay connected.

Our team are committed to keep you active and have all taken our CAPA pledge of supporting you in any way to keep moving and becoming more involved. At every visit in your Birdie notes we add a CAPA task and our team log what you have done.

Please get in touch if we can support you reconnect with an old hobby, escort you to a social club or just want companionship to get out more. We have a list of interesting places to go in and around Southside to brighten up your day.

One of our clients had a lovely day out recently at the National museum of rural life and enjoyed reminiscing with her carer.



Staff Spotlight- Our new Supervisor Debbie O Rourke

We are delighted to have on board our new supervisor Debbie O 'Rourke who recently joined the team. Debbie has worked in the health and social care sector for 22 years and has gained vast experience in her varied roles in hospital settings and independent care at home providers. She has successfully gained her SVQ3 Qualifications and progressed her career from Care Practitioner to team leader and other supervisor roles. Debbie has a lovely warm bubbly personality and is already a firm favourite with many of our clients.

We asked Debbie what she enjoyed the most about her role - she said she gained a great satisfaction at the end of each shift that she has personally made a difference to someone's life.

Her top tips for any new members to the staff team would be to adjust to each situation and client as no one person has the same needs and wishes.

Outside work, Debbie loves to keep up with her family and friends and enjoys the outdoor life with her two adorable pooches- Chihuahua's called Charlie and Lexi.

We hope that Debbie gets the opportunity to meet most of you in the coming months and we wish her all the best in her new role.



Supporting Local charities

Tailor Maid Home Care's active involvement in charity goes beyond just donating money but includes contributing time ,skills and life experience which includes fundraising and voluntary work.

Our Directors are both committee members on the Eaglesham Macmillan Cancer Fundraising committee and get actively involved organising in the annual race night and ladies lunches and support raising funds for the charity.

One of our team members Sonya Marquis ,supports a local foodbank (the Trussell Trust South East) each week and donates her time for those in need. She has mentioned they would be delighted to receive any donations of toiletries for adults that could be gifted over the festive period. If you would like to donate some toiletry donations please pass them to your carer by 10th December - we have a box in the office for collections . Sonya has worked closely in the foodbank for many years and sees a real need for essential items for those in poverty. She also supports the soup kitchen and so if you have donations of lentils and stock cubes that would be great!

Help us provide some festive treats for those in need this Christmas – together we can make a difference.





Review us- use the QR code!

Please take a moment to review us on homecare.co.uk

Tailor Maid Home Care Limited
1 Spiersbridge Way
Thornliebank
Glasgow
G46 8NG
0141 638 6622
www.tailormaidhomecare.co.uk

